


Finding Services for Seniors On-Line, Age 60+

The Alaska Commission on Aging

Denise Daniello, ACoA Executive Director &
Lesley Thompson, ACoA Planner

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Lesley.thompson@alaska.gov

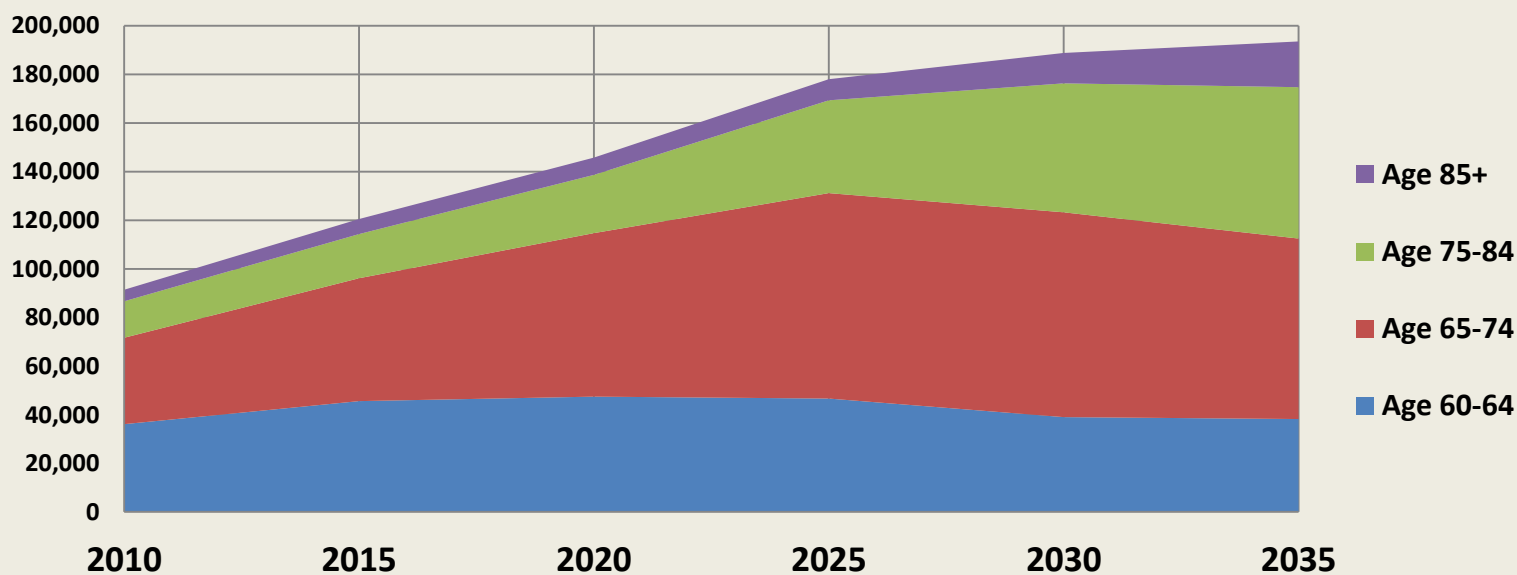


The Alaska Commission on Aging is a Governor-appointed board within the Department of Health and Social Services that is responsible for planning services for seniors, educating Alaskans about senior issues, and making recommendations directly to elected officials regarding policy and budget items that affect Alaska's growing senior population.

www.alaskaaging.org

907-465-3250

Projected Alaska Senior Population by Age Category, 2010-2035



Alaska Department of Labor 2015 Population Projections

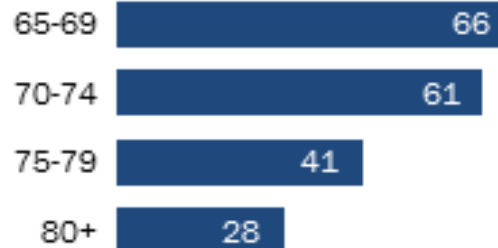
Do seniors use technology? Yes!

% of U.S. adults in each age group who say they ...

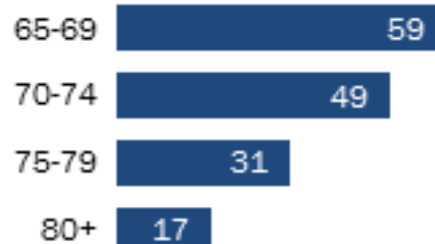
Use the internet



Subscribe to home broadband services



Own a smartphone



Resources: State of Alaska, Federal, & where to find more

Find out more

- Aging and Disability Resource Centers
- Your local senior center
- alaska211.org

Alaska.gov

- Dept. of Health and Social Services
 - Long Term Care Ombudsman
 - Alaska Commission on Aging
 - Senior and Disabilities Services
 - Pioneer Homes
 - Public Assistance
 - Medicare/Medicaid
- Alaska Housing Finance Corporation

Federal

- Social Security

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Health and Social Services



Analysis of Federal Health Care Legislation

Impact on Alaska of Medicaid Provisions in the House-Passed AHCA: Preliminary Analysis (6/21/2017)

Impact on Alaska of Medicaid Provisions in the BCRA (6/27/2017)



Valerie Davidson
Commissioner

- › 2015 DHSS Update
- › Boards and Commissions
- › Careers
- › Contacts
- › Newsroom
- › Priorities
- › Publications
- › FY17 Operating Grants
- › FY17 Capital Grant Annual Report
- › Organization Chart



Headlines

- › View the Governor's FY2018 State of Alaska Budget
- › **Transforming Child Welfare Outcomes for Alaska Native Children, Strategic Plan 2016-2020.** To learn more or become involved, please contact 465-3191 or Christy.Lawton@alaska.gov.
- › **Watch our new TV PSA about the need for foster homes, filmed in Bethel and Eek**
- › **Alert: Suspending Inflation Adjustments for Medicaid Rates in SFY 2017**
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Press releases

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- › 1/19 Alaska Opioid Policy Task Force recommends collaborative

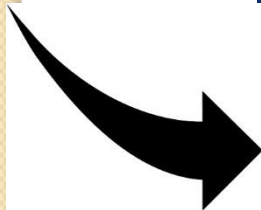
Health and Social Services

- Office of the Commissioner
- Alaska Pioneer Homes
- Behavioral Health
- Finance and Management Services
- Health Care Services
- Juvenile Justice
- Office of Children's Services
- Public Assistance
- Public Health
- Senior and Disabilities Services

Services

- Birth & Marriage Certificates
- Child Care
- Child Protection
- Denali KidCare
- Food Stamps
- Immunization Information
- Medicaid
- Public Health Centers
- Temporary "Cash" Assistance
- Senior Benefits Program
- Medicare
- Substance Abuse Treatment
- ... View More Services

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Alaska Department of Health and Social Services
Alaska Commission on Aging

Home Divisions and Agencies Services News Contact Us



Health and Social Services > Alaska Commission on Aging

Alaska Commission on Aging








Announcements and Events

- > ACoA Meeting Schedule Posted FY2018 Dates
- > Letters of Support and Advocacy Priorities 30th Legislative Session

FY2016 Annual Report

- >  Alaska Commission on Aging: FY2016 Annual Report
- >  ACoA Senior Snapshot: Older Alaskans in 2015/16


Resource Highlights

- >  ACoA Newsletter: Summer/Fall 2016 Edition
- > Advance Health Care Directive (2017)
- > Centenarian's Birthday Celebration
- > State Plan for Senior Services
- >  State Plan Implementation Report
- >  Alaska's Roadmap to Address Alzheimer's Disease
- >  Implementation Guide for Alaska's Roadmap to Address Alzheimer's Disease and Related Dementias (ADRD)
- >  50 Fabulous Older People from 50 States
See the feature on Arliss Sturgulewski, Alaska's outstanding older person representing Alaska, on page 5 of this booklet
- >  Presentation: Alaska Medicaid Redesign Initiative
- >  Needs Assessment Report
- > Conflict-free Case Management Resources
- > 2015 White House Conference on Aging: Summit and resources for communities
- > **Take the Survey of Alaska Senior Services Providers**

How to Report Elder Abuse


Alaska Commission on Aging

- Home
- Commission Members
- Commission Meetings
- Committees
- Conflict-free Case Management
- Healthy Body, Healthy Brain
- Legislative Teleconferences
- Legislative Advocacy
- Older Americans Month
- Principles and Purpose
- Publications
- State Plan

ALASKA 2015-2016 PRIMARY CARE NEEDS ASSESSMENT 

ALASKA COMMISSION ON AGING FY2016 ANNUAL REPORT
ALASKA'S ROADMAP TO SUCCESSFUL AGING

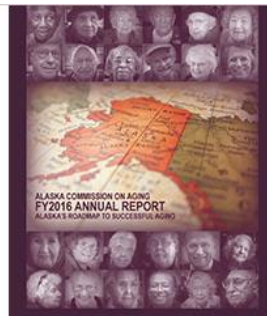
The Alaska State Plan for Senior Services
FY 2016 - FY 2020

Download PDF 

At this stage of my life, I'm lucky to have people who look after me.
you know me...
...unfortunately, some older Alaskans and people with aging disabilities do not have anyone to provide them with the services they need to stay safe, healthy, and independent. Alaska's Medicaid Redesign Initiative is working to help them.

The Alaska Commission on Aging

How to Report Elder Abuse: Adult Protective Services



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How to Report Elder Abuse

- > **Adult Protective Services (APS)**
800-478-9996
Adult Protective Services helps to prevent or stop harm from occurring to vulnerable adults.
- > **Office of the Long Term Care Ombudsman (800) 730-6393**
Office of the Long Term Care Ombudsman that identifies, investigates and resolves complaints relating to seniors in nursing homes and assisted living facilities.

Resources

- > Study: Falls hospitalize nearly 9,000 Alaskans since 2005
- > You are not alone: Support and resources are available

Commission Meetings
Committees
Conflict-free Case Management
Healthy Body, Healthy Brain
Legislative Teleconferences
Legislative Advocacy
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How to Report Elder Abuse

Long Term Care Ombudsman



ALASKA
LONG TERM CARE
OMBUDSMAN

Advocating for the rights, dignity, and welfare of older Alaskans.

Search this website...

Certified Ombudsmen

Home

About Us

Know Your Rights

File a Complaint

Volunteer

Helpful Resources

Contact Us

Complaint Form

Who are you concerned about? *

First name Last name

Senior's first and last name

Where is the senior located? *

Name of long term care facility or physical address

Complaint details *

What action has anyone taken to resolve the complaint so far?

Health and Social Services



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- Birth & Marriage Certificates
- Child Care
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- Substance Abuse Treatment
- ... View More Services

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Home Divisions and Agencies Services News Contact Us

Health and Social Services > Senior and Disabilities Services


Duane Mayes
Director


Deb Etheridge
Deputy Director


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Staff Spotlight - Recognitions

About Us

- > Our Mission
- > Contact Us

Reporting

- > Making a Report of Harm
- > Report Medicaid Fraud
- > Recipient Change of Status
- > Contact SDS




Welcome to Senior and Disabilities Services

Our mission is to promote health, well being and safety for individuals with disabilities, seniors and vulnerable adults by facilitating access to quality services and supports that foster independence, personal choice and dignity.

HEALTHY ALASKA Medicaid Redesign
Click here for information and eligibility facts.

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Medicaid Reform in Alaska Inclusive Community Choices
1915(i) and 1915(k)
Click here for more information about the reform initiative

 **Alaska HCBS Settings**
Home & Community-Based Services
Transition Plan and Provider Requirements

Headlines

2017

- > 4/21/17 Congratulations to our own Clarke Brown!
 - Ten Alaskans Awarded as Top Volunteers
- > 2/28/17 Alaska Brain Injury Network relocation and Work

Information on Conflict-Free Care Coordination

Senior and Disabilities Services

- Home
- Our Mission
- Contact Us
- Centralized Reporting


Units

- Adult Protective Services (APS)
- CAT Review Unit
- Early Intervention/Infant Learning Program
- Grant Services
- Intake and Assessment Unit
- Intellectual & Developmental Disabilities (IDD) Waiver Operations, Training, Transportation & Hearings
- Policy & Program Development
- Provider Certification & Compliance
- Quality Assurance (QA)
- Research & Analysis


Programs and Offices

- Aging and Disability Resource Centers
- Centers for Independent Living
- General Relief Program
- Home and Community Based Waivers
- Long Term Care and PASRR Resources
- Medicare Information Office
- Nursing Facility Transition Program
- Personal Care Services (PCS)
- Rural Long-Term Care Development
- Training

Aging and Disability Resource Centers, ADRCs

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Home Divisions and Agencies Services News Contact Us

Health and Social Services > Senior and Disabilities Services > Aging and Disability Resource Centers

**ADRC**
Aging & Disability Resource Centers

- > **What is the ADRC? What does it do?** View the ADRC presentation for basic information about this program.
- > **Informational Brochure**
- > **How happy were people with the ADRC services?** View the 2012 Consumer Satisfaction Report.
- > **What is the ADRC First Pre-screen Process?** View process description and forms.

Help starts here.

When you need help finding help, dial 2-1-1 or 1-800-478-2221
www.alaska211.org

Aging and Disability Resource Centers

Alaska's ADRCs connect seniors, people with disabilities, and caregivers with long-term services and supports of their choice. The ADRC network serves Alaskans statewide, regardless of age or income level, through regional sites.



For assistance, call the site nearest you or
1-877-6AK-ADRC (1-877-625-2372) toll-free.

ADRCs are part of a federal effort to help people more easily access the long-term services and supports available in their communities. That might include transportation, assistive technology, or in-home care.

The ADRC goal is to be a trusted resource. ADRC specialists counsel callers and visitors on long-term supports that fit their circumstances. People choose which services they would like, then the ADRC specialists help people access those services.

The State of Alaska administers the ADRC grant through, and in partnership with, the regional sites.

Office locations:
ANCHORAGE
Agency: Municipality of Anchorage
825 L Street, Suite 203
Anchorage, Alaska 99501
Phone: 907-343-7770 | Fax: 907-343-6320
Website: www.muni.org/edc

Senior and Disabilities Services
Home
Our Mission
Contact Us
Centralized Reporting
Units
Adult Protective Services (APS)
CAT Review Unit
Early Intervention/Infant Learning Program
Grant Services
Intake and Assessment Unit
Intellectual & Developmental Disabilities (IDD) Waiver
Operations, Training, Transportation & Hearings
Policy & Program Development
Provider Certification & Compliance
Quality Assurance (QA)
Research & Analysis
Programs and Offices
Aging and Disability Resource Centers
Find a Center
Centers for Independent Living
General Relief Program
Home and Community Based Waivers
Long Term Care and PASRR Resources
Medicare Information Office
Nursing Facility Transition Program
Personal Care Services (PCS)
Rural Long-Term Care Development
Training

Aging and Disability Resource Centers

- Statewide: 1-877-625-2372
- Locations:
 - Anchorage
 - www.muni.org/adrc
 - Mat-Su
 - linksprc.org
 - Bristol Bay
 - resources.caregiver.com/listing/bristol-bay-native-association-adrc.html
 - Kenai Peninsula
 - www.peninsulailc.org
 - Southeast
 - www.sailinc.org

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Wednesday, July 19, 2017

[Home](#) [Search for Services](#) [Contact Us](#)

[Home](#)

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[Service Provider Tools](#)

[News](#)

[Community Links](#)

[Contact Us](#)

Alaska 2-1-1

Changing the Way Alaskans Find Help

No matter where you live in Alaska, Alaska 2-1-1 is your one-stop resource for connecting with a wide variety of vital resources in your community including emergency food and shelter, disability services, counseling, senior services, healthcare, child care, drug and alcohol programs, legal assistance, transportation needs, educational opportunities, and much more.

Call 2-1-1 or 1-800-478-2221 Monday through Friday from 8:00 am to 5:00 pm or visit our website 24/7 when you need help finding help. It's free and confidential.

Alaska 2-1-1 is a service of the United Ways of Alaska.

[View our 2016 Annual Report](#)

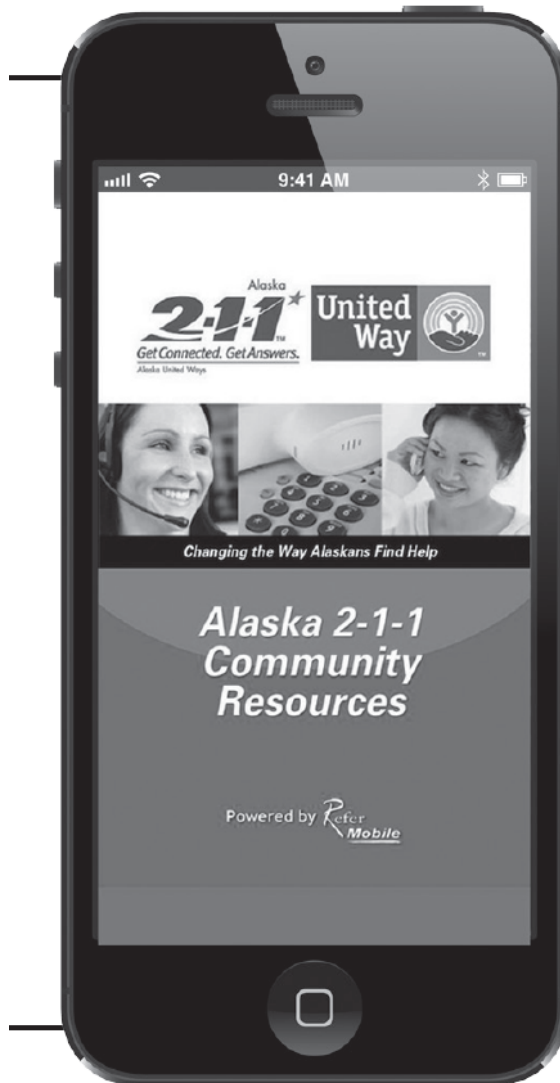
Help Starts Here

By clicking [Help Starts Here](#), you can search our online database that includes more than 800 health and human services providers and 1,700 service locations.



Alaska 2-1-1 welcomes new agencies, programs and services interested in joining our efforts to serve Alaskans. Find out about how to apply under the Service Provider Tools tab at the left of this page.

alaska211.org



Download the App!

Apple: <http://apple.co/1TszTMI>

or

Android: <http://bit.ly/1YUOYrr>

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Friday, August 04, 2017

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Browse Service Category

This search is restricted to community resources serving 99820. Service providers will display by distance.

[Home](#)

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[Service Provider Tools](#)

[News](#)

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This allows you to scroll through different Category Topics. Sometimes it is difficult to know what Keyword is best to use during a search. This method helps the user become familiar with the terminology used in the Alaska 2-1-1 database. Click on a category to see additional subcategories.

Remember that this system has three tiers to each category. If you do not see what you are looking for, simply try another category. Remember, there are always several ways to find each service, program or agency.

IF YOU ARE HAVING DIFFICULTY FINDING A SERVICE, DO NOT HESITATE TO CALL 2-1-1.

Find the help you need > [Housing/Utilities](#)

Browse Service Category

(Click to choose a new category.)

- [AK Insurance Marketplace](#)
- [Arts, Culture and Recreation](#)
- [Clothing/Personal/Household Needs](#)
- [Disaster Services](#)
- [Education](#)
- [Employment](#)
- [Food/Meals](#)
- [Health Care](#)
- [Housing/Utilities](#)**
- [Income Support/Assistance/Tax](#)
- [Individual, Family and Community Support](#)
- [Information Services](#)
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Housing/Utilities

(Click the + to see services.)

- + [Housing/Shelter](#)
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- + [Mortgage Delinquency and Default Counseling](#)
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Senior Grant Funded Services

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search


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Home Divisions and Agencies Services News Contact Us

Health and Social Services > Senior and Disabilities Services



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About Us

- > Our Mission
- > Contact Us

Reporting

- > Making a Report of Harm
- > Report Medicaid Fraud
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 **Alaska HCBS Settings**
Home & Community-Based Services
Transition Plan and Provider Requirements

Headlines

2017 _____

Information on Conflict-Free Care Coordination

Senior and Disabilities Services

- Home
- Our Mission
- Contact Us
- Centralized Reporting

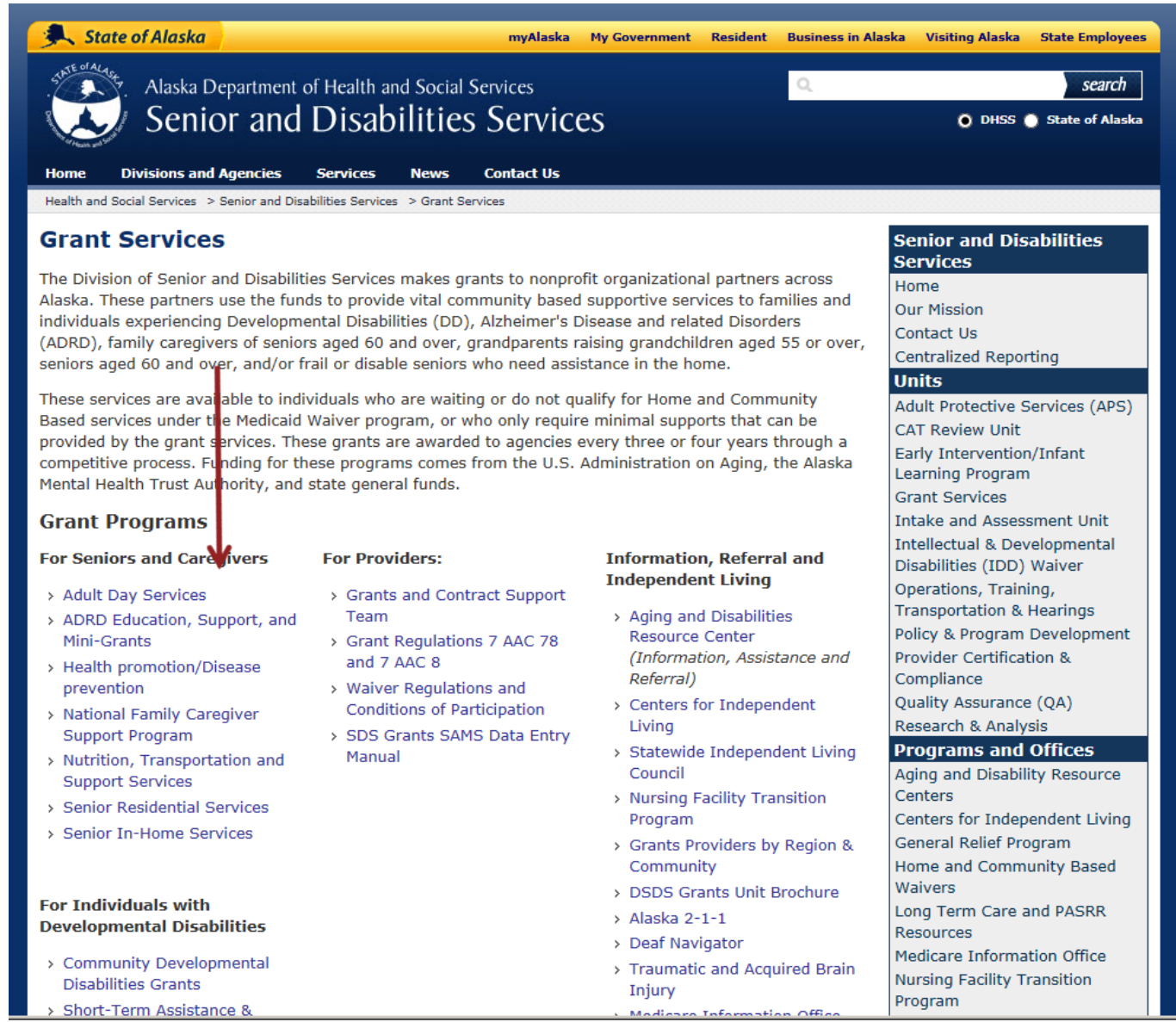
Units

- Adult Protective Services (APS)
- CAT Review Unit
- Early Intervention/Infant Learning Program
- Grant Services
- Intake and Assessment Unit
- Intellectual & Developmental Disabilities (IDD) Waiver
- Operations, Training, Transportation & Hearings
- Policy & Program Development
- Provider Certification & Compliance
- Quality Assurance (QA)
- Research & Analysis

Programs and Offices

- Aging and Disability Resource Centers
- Centers for Independent Living
- General Relief Program
- Home and Community Based Waivers
- Long Term Care and PASRR Resources
- Medicare Information Office
- Nursing Facility Transition Program

Senior Grant-Funded Services



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Senior and Disabilities Services

Home Divisions and Agencies Services News Contact Us

Health and Social Services > Senior and Disabilities Services > Grant Services

Grant Services

The Division of Senior and Disabilities Services makes grants to nonprofit organizational partners across Alaska. These partners use the funds to provide vital community based supportive services to families and individuals experiencing Developmental Disabilities (DD), Alzheimer's Disease and related Disorders (ADRD), family caregivers of seniors aged 60 and over, grandparents raising grandchildren aged 55 or over, seniors aged 60 and over, and/or frail or disable seniors who need assistance in the home.

These services are available to individuals who are waiting or do not qualify for Home and Community Based services under the Medicaid Waiver program, or who only require minimal supports that can be provided by the grant services. These grants are awarded to agencies every three or four years through a competitive process. Funding for these programs comes from the U.S. Administration on Aging, the Alaska Mental Health Trust Authority, and state general funds.

Grant Programs

For Seniors and Caregivers

- > Adult Day Services
- > ADRD Education, Support, and Mini-Grants
- > Health promotion/Disease prevention
- > National Family Caregiver Support Program
- > Nutrition, Transportation and Support Services
- > Senior Residential Services
- > Senior In-Home Services

For Providers:

- > Grants and Contract Support Team
- > Grant Regulations 7 AAC 78 and 7 AAC 8
- > Waiver Regulations and Conditions of Participation
- > SDS Grants SAMS Data Entry Manual

Information, Referral and Independent Living

- > Aging and Disabilities Resource Center (Information, Assistance and Referral)
- > Centers for Independent Living
- > Statewide Independent Living Council
- > Nursing Facility Transition Program
- > Grants Providers by Region & Community
- > DSDS Grants Unit Brochure
- > Alaska 2-1-1
- > Deaf Navigator
- > Traumatic and Acquired Brain Injury
- > Medicare Information Office

For Individuals with Developmental Disabilities

- > Community Developmental Disabilities Grants
- > Short-Term Assistance &

Senior and Disabilities Services

- Home
- Our Mission
- Contact Us
- Centralized Reporting


Units

- Adult Protective Services (APS)
- CAT Review Unit
- Early Intervention/Infant Learning Program
- Grant Services
- Intake and Assessment Unit
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- Long Term Care and PASRR Resources
- Medicare Information Office
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Adult Day Services

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[Home](#) [Divisions and Agencies](#) [Services](#) [News](#) [Contact Us](#)

[Health and Social Services](#) > [Senior and Disabilities Services](#) > [Home & Community Based Senior Grants](#)

Home & Community Based Senior Grants

Home and Community Based Senior Grants fund non-profit agencies to provide services to physically frail individuals 60 years of age and over, individuals of any age with Alzheimer's Disease or Related Disorders (ADRD) and caregivers to assist these Alaskans to maintain as much independence as possible and improve their quality at home or in a community-based setting. HCB Senior Grants include the following programs:

Adult Day Services:

Day care services at a center for adults with impairments, primarily, Alzheimer's Disease or Related Disorders, provided in a protective group setting that is facility-based. Therapeutic and social activities are designed to meet and promote the client's level of functioning through individual plans of care. Adult Day services provide support, respite and education for families and other caregivers, provide opportunities for social interaction and serve as an integral part of the aging network. [Adult Day Provider List](#)

Senior In-Home Services:

Services that provide a flexible menu of in-home services designed to meet the individual's and family's needs. Services include care coordination, chore, respite, extended respite and supplemental services. [SIH Provider List](#)

National Family Caregiver Support Program Services:

Services provided to the caregiver of anyone 60 and over or grandparents who are 55 and over raising grandchildren. Services include information and assistance accessing services, respite, caregiver support groups, caregiver training and supplemental services. [NFCSP Provider List](#)

ADRD Education and Support:

A statewide grant program providing outreach, information and referral, education, consultation and support provided to individuals with ADRD (Alzheimer's disease and related disorders), their family caregivers, professionals in the field and the general public about ADRD. A goal of the program is to raise awareness of ADRD and the issues faced by families and communities. www.alzaska.org

Senior and Disabilities Services

- Home
- Our Mission
- Contact Us
- Centralized Reporting

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- Grant Services
- Intake and Assessment Unit
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Adult Day Services


Adult Day Services Grantees FY18-20

Region	Community	Grantee	Address	Phone Number
II	Fairbanks	Fairbanks Resource Agency Adult Day Services	805 Airport Way, Ste 1 Fairbanks, AK 99701	456-8901
IV	Anchorage	Anchorage Community Mental Health Services Daybreak Adult Day Services	9210 Jupiter Drive Anchorage, AK 99516	563-1000
	Anchorage	Salvation Army Serendipity Adult Day Services	3550 E. 20th Ave. Anchorage, AK 99901	279-0501
	Chugiak	Chugiak Senior Citizens, Inc. Adult Day Services	22424 N. Birchwood Lp. Rd., Chugiak, AK 99567	688-2677
V	Homer	Homer Senior Citizens, Inc. Friendship Center Adult Day Services	3935 Svendlund, Homer, AK 999603	235-7555
	Kenai	Frontier Community Services Forget-Me-Not Adult Day Services	43335 K-Beach st., Ste. 36, Soldotna, AK 99669	262-6331
	Wasilla	Palmer Senior Citizens Center, Inc. (Palmer -Big Lake/Wasilla) Adult Day Services	1132 Chugach st., Palmer, AK 99645	745-5454
	Palmer	Palmer Senior Citizens Center, Inc. Adult Day Services	1132 S. Chugach St., Palmer, AK 99645	745-5454
VII	Kodiak	Senior Citizens of Kodiak, Inc. Island Cove Adult Day Services	302 Erskine Kodiak, AK 99615	486-2203
VIII	Nome	Nome Community Services, Inc. Munaqsri Adult Day Services	P.O. Box 98 Nome, AK 99762	443-5238
IX	Juneau	Catholic Community Services, dba Southeast Senior Services - The Bridge Adult Day Services	419 Sixth St., Juneau, AK 99801	463-6100
	Ketchikan	Rendezvous Senior Day Services	2441 First Avenue Ketchikan, AK 99901	247-1962

Home and Community Based Waivers

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 **Alaska Department of Health and Social Services**
Senior and Disabilities Services

search

OHSS State of Alaska

[Home](#) [Divisions and Agencies](#) [Services](#) [News](#) [Contact Us](#)

[Health and Social Services](#) > [Senior and Disabilities Services](#) > [Home and Community Based Waiver programs](#)

Home and Community Based Waiver Programs

Overview

Waiver programs offer a choice between home and community-based services and institutional care for people who meet a nursing facility level of care (NFLOC). In order to access programs, a person must be eligible for Medicaid. This involves meeting financial and resource limits, as found through an interview and application process with the Division of Public Assistance (DPA). Once eligible for waiver, examples of possible services include respite care, chore, residential living, care coordination, environmental modifications and various other services.

Purpose

The purpose of the waiver is to offer a choice between home and community-based services and institutional care for people who meet waiver service criteria.

The Alaskans Living Independently (ALI) Waiver is available to adults age 21 and over.

The Adults with Physical and Developmental Disability (APDD) waiver is available to persons age 21 and over who have been determined to be developmentally and physically Disabled.

The Children with Complex Medical Conditions (CCMC) waiver serves children and young adults under the age of 22 years. Children who receive services from this waiver experience medical fragility and are often dependent on frequent lifesaving treatments or interventions and/ or are dependent on medical technology. A registered nurse employed by an SDS grantee agency completes a screening process for the child and submits it to Senior and Disabilities Services.

OTHER PROGRAMS YOU MAY BE INTERESTED IN:

Personal Care Assistance (PCA) services provide support related to an individual's activities of daily living (i.e. bathing, dressing, eating) as well as instrumental activities of daily living (i.e. shopping, laundry, light housework). PCA is provided statewide in Alaska through private agencies.

Grants Services – This service assists families and individuals experiencing Intellectual and developmental disabilities, dementia and related disorders, family caregivers of seniors aged 60 and over, grandparents raising grandchildren aged 55 or over, seniors aged 60 and over or frail/disabled seniors in need of assistance in the home.

Senior and Disabilities Services

- Home
- Our Mission
- Contact Us
- Centralized Reporting

Units

- Adult Protective Services (APS)
- CAT Review Unit
- Early Intervention/Infant Learning Program
- Grant Services
- Intake and Assessment Unit
- Intellectual & Developmental Disabilities (IDD) Waiver
- Operations, Training, Transportation & Hearings
- Policy & Program Development
- Provider Certification & Compliance
- Quality Assurance (QA)
- Research & Analysis

Programs and Offices

- Aging and Disability Resource Centers
- Centers for Independent Living
- General Relief Program
- Home and Community Based Waivers
- Long Term Care and PASRR Resources
- Medicare Information Office
- Nursing Facility Transition Program

Personal Care Services (PCS)

 **State of Alaska**

myAlaska My Government Resident Business in Alaska Visiting Alaska State Employees

 **Alaska Department of Health and Social Services**
Senior and Disabilities Services

search

DHSS State of Alaska

Home Divisions and Agencies Services News Contact Us

Health and Social Services > Senior and Disabilities Services > Personal Care Services Program

Personal Care Services Program

Personal Care Services (*formerly Personal Care Assistance*) provides support for about 4,000 Alaskan seniors and individuals with disabilities. PCS provide support related to an individual's activities of daily living (i.e. bathing, dressing, eating) as well as instrumental activities of daily living (i.e. shopping, laundry, light housework). PCS is provided statewide in Alaska through private agencies. The administration of the PCS program is overseen by the PCS Unit of Senior and Disabilities Services, Department of Health and Social Services.

- > **Agency-Based PCS Program (ABPCA)** - Consumers may receive services through an agency that oversees, manages and supervises their care. ABPCA has been operational for over 10 years.
- > **Consumer-Directed PCS Program (CDPCA)** - Each consumer may manage his or her own care by selecting, hiring, firing and supervising their own personal care assistant. The agency provides administrative support to the consumer and the personal care assistant. CDPCA became operational October 1, 2001.

Both Agency-Based PCS and Consumer-Directed PCS services are available in most communities in Alaska.

Changes in the Approval of Instrumental Activities of Daily Living (IADL) Under 7 AAC 43.755 (14)

- > IADL Shared Living Explanation
- > Clarification Regarding Reinstatement of PCS Hours

For additional information about the Personal Care Assistance Program use one of the following links:

PCS Training Information

- > State-approved PCS Training Provider List
- > PCS Training Instructor Approval Request Form

Memos, Procedures & Regulations

- PCS Program Memo Clarifying 7 AAC 43.775
- PCS Regulations; 7AAC 125.010-7AAC 125.199**
- PCS Service Computation
- PCS Conditions of Participation

If you are interested in receiving personal care services or want more information about becoming a Medicaid provider for this innovative program, please contact:

***PCS Forms**

Senior and Disabilities Services

- Home
- Our Mission
- Contact Us
- Centralized Reporting


Units

- Adult Protective Services (APS)
- CAT Review Unit
- Early Intervention/Infant Learning Program
- Grant Services
- Intake and Assessment Unit
- Intellectual & Developmental Disabilities (IDD) Waiver
- Operations, Training, Transportation & Hearings
- Policy & Program Development
- Provider Certification & Compliance
- Quality Assurance (QA)
- Research & Analysis


Programs and Offices

- Aging and Disability Resource Centers
- Centers for Independent Living
- General Relief Program
- Home and Community Based Waivers
- Long Term Care and PASRR Resources
- Medicare Information Office
- Nursing Facility Transition Program
- Personal Care Services (PCS)

Medicare Information Office

 **State of Alaska**

myAlaska My Government Resident Business in Alaska Visiting Alaska State Employees




 **Alaska Department of Health and Social Services**
Senior and Disabilities Services

search

DHSS State of Alaska

Home Divisions and Agencies Services News Contact Us

Health and Social Services > Senior and Disabilities Services > Medicare Information Office

Anchorage location:
400 Gambell Street, Suite 303
Anchorage, AK 99501

Alaskans helping Alaskans get more out of their Medicare

We provide one-on-one counseling to Medicare beneficiaries and their families. We also teach how to spot and report Medicare errors, waste and fraud.

Searching?

- > Getting ready for Medicare
- > Prescription drug coverage
- > Medicare Advantage/Health plans
- > Paying for Medicare
- > Publications & other resources
- > Medicare supplement plans (Medigap)
- > Medicare fraud & abuse
- > Become a volunteer
- > SHIP
- > Counselor training & resources
- > Medicare staff


About us

We are funded through two programs: State Health Insurance Assistance Programs (SHIP) and Senior Medicare Patrol (SMP).

SHIP and SMP grants are programs under the Administration for Community Living (ACL).

SHIP funds personalized counseling, education and outreach to Medicare beneficiaries and their families. This allows people to better understand and utilize their Medicare benefits.

SMP funds education for Medicare beneficiaries and others on how to spot and report potential Medicare errors, fraud, waste and abuse.

Subscribe to email or text updates 

In the process of moving?
On Medicare? Click here for an important check list!

In the news

SCAM ADVISORY: Pink postcards and telephone calls for a "free" back brace have been reported.

Heads up, Alaskans! If you suspect fraud, contact Alaska's SMP (health fraud prevention) program in Alaska's Medicare Information Office, medicare.alaska.gov, 907-269-3680 in Anchorage or 800-478-6065 toll-free within Alaska. Scam prevention info from the NY SMP [HERE](#).

For more info on other scams and fraud alerts go to: >>[Medicare Fraud and Scam Updates](#)<<

11/23/16 Listen to a radio interview with Jeanne Larson and William Dill about Medicare on station 650KENI/iHeart. [Click HERE](#).

10/19/16 The annual sign-up window for Medicare Part D is open, running Oct. 15-Dec. 7. Plans change and people's needs change, so it's a good idea to review plan options each year. To get more information, visit www.medicare.gov/part-d/ and click the button at left "Find health & drug plans", or [click here](#) for a chart of Alaska plans. For help, call your fabulous local Medicare counselors:

- Anchorage, 770-2070

Senior and Disabilities Services

- Home
- Our Mission
- Contact Us
- Centralized Reporting

Units

- Adult Protective Services (APS)
- CAT Review Unit
- Early Intervention/Infant Learning Program
- Grant Services
- Intake and Assessment Unit
- Intellectual & Developmental Disabilities (IDD) Waiver
- Operations, Training, Transportation & Hearings
- Policy & Program Development
- Provider Certification & Compliance
- Quality Assurance (QA)
- Research & Analysis

Programs and Offices

- Aging and Disability Resource Centers
- Centers for Independent Living
- General Relief Program
- Home and Community Based Waivers
- Long Term Care and PASRR Resources
- Medicare Information Office
 - Getting Ready for Medicare?
 - Prescription Drug Coverage
 - Medicare Advantage/Health Plans
 - Paying for Medicare
 - Publications & Other Resources




Medicare Information Offices


- Anchorage, 770-2070
- Fairbanks, 479-7940
- Haines, 766-3297
- Juneau, 523-4431
- Kenai/Soldotna, 262-6333
- Mat-Su, 373-3632

Questions? Please email daniel.cornwall@alaska.gov

Alaska Pioneer Homes

 **State of Alaska**

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 **Alaska Department of Health and Social Services**
Alaska Pioneer Homes

search










DHSS State of Alaska

Home Divisions and Agencies Services News Contact Us

Health and Social Services > Alaska Pioneer Homes > Admissions Information

Admissions Forms

You can download an application from the following list. It can be printed, filled out, and mailed to:
Department of Health & Social Services - Division of Alaska Pioneer Homes
PO Box 110690
Juneau, AK 99811-0690

- > [Alaska Pioneer Homes Application](#) 
- > [Application Instructions](#) 
- > [Alaska Veteran and Pioneer Home-Veteran's Addendum](#) 
- > [Admissions & Discharge Information Booklet](#) 
- > [History and Physical Form](#) 
- > [Certificate of Need Form](#) 
- > [MOST \(Medical Orders for Scope of Treatment\) form](#) 
- > [Waitlist Transfer Request Form](#) 
- > [VA Form 10-EZ](#) 

Click here for information regarding the Payment Assistance Program

Also available online are the Alaska Pioneer Home System Statutes and Regulations.

For more information contact:

Central Office
PO Box 110690
Juneau, AK 99811
Phone: 907.465.4416
Fax: 907.465.4108
Email: alaskapioneerhomes@alaska.gov

Alaska Pioneer Homes






- Home
- Contact Us

Our Statewide Homes

- Anchorage
- Fairbanks
- Juneau
- Ketchikan
- Palmer
- Sitka
- Pharmacy

Important Links

- Resident & Family Information
- Admission Forms
- Q & A
- Payment Assistance
- Locations Map
- Advisory Board
- Photos and Archives
- Public Notices
- Reports
- Publications
- Senior Links

Alaska Department of Health & Social Services
Contacts Accessibility Public Notices Staff
     Webmaster

Alaska Pioneer Homes
Behavioral Health
Boards & Councils
Office of Children's Services

Office of the Commissioner
Finance & Management Services
Health Care Services

Juvenile Justice
Public Assistance
Public Health
Seniors & Disabilities Services

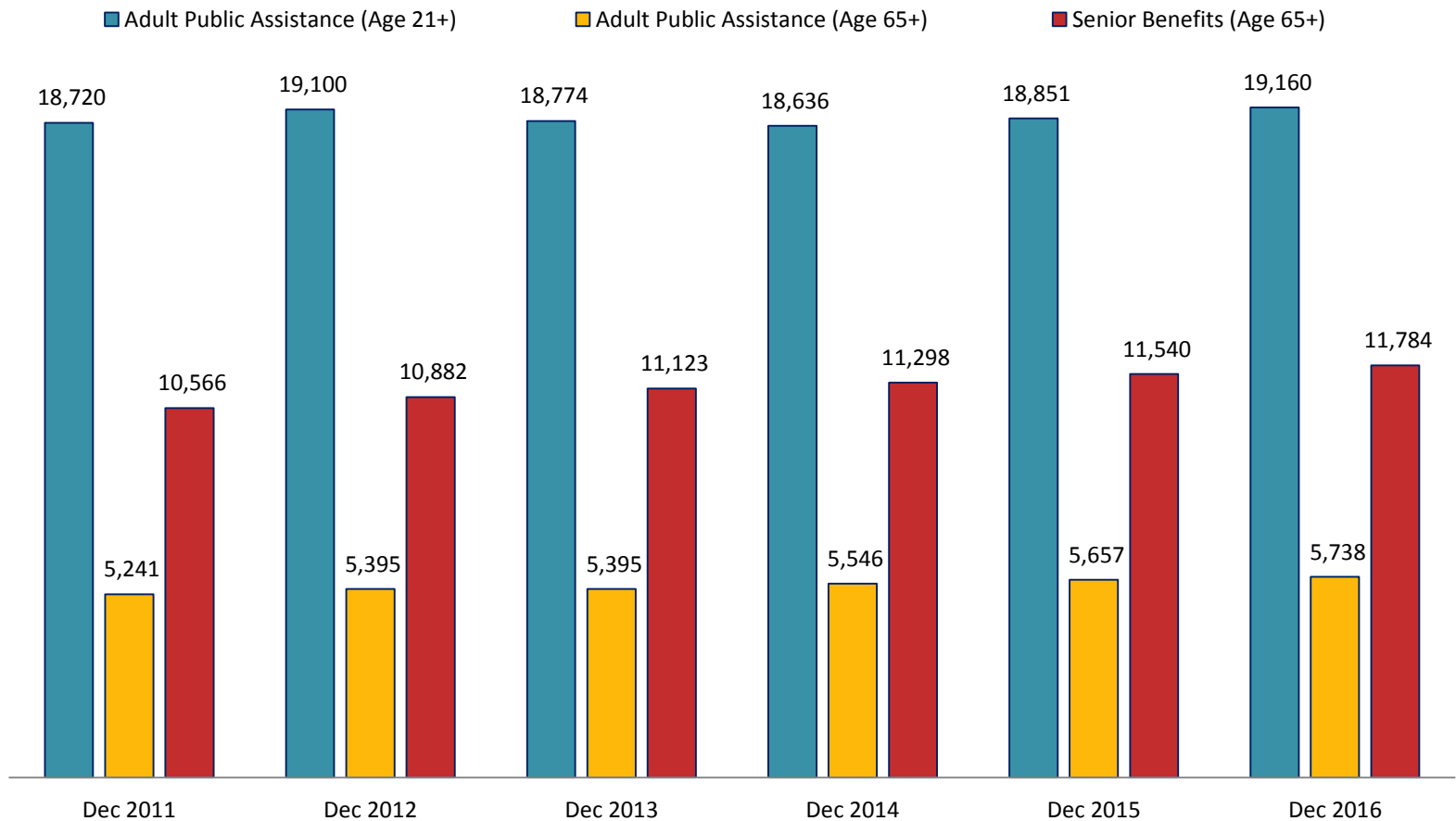
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Alaska Pioneer Homes Application

Location/Date/Time Received	ALASKA PIONEER HOMES APPLICATION FOR ADMISSION Department of Health & Social Services - Division of Alaska Pioneer Homes PO Box 110690 Juneau, AK 99811-0690 (907) 465-4416	
Initials		
Date of Birth(Month/Day/Year)*	*Proof of age must be submitted with this application. Please send a copy of one of the following: driver's license, passport, ID card, or birth certificate	
Wait List Preference PLEASE CHECK ONE BOX ONLY		
<input type="checkbox"/> ACTIVE WAIT LIST Check the ACTIVE Box if you wish to be considered for admission IMMEDIATELY and you are prepared to enter a Pioneer Home within 30 days of invitation. You will be contacted by mail for further information regarding your medical status and your need for services.		<input type="checkbox"/> INACTIVE WAIT LIST Check the INACTIVE Box if you DO NOT wish to enter a Pioneer Home at this time. You may change your status to ACTIVE at any time without a change in your original application date.
PIONEER HOME PREFERENCE: Indicate your FIRST choice of home by placing the appropriate letter in the box (If you are applying to more than one home, indicate your second, third, fourth, fifth, and sixth choices in the		


Public Assistance Programs Used by Alaska Seniors



Public Assistance

 **State of Alaska**

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 **Alaska Department of Health and Social Services**
Division of Public Assistance

search

DHSS State of Alaska

Home Divisions and Agencies Services News Contact Us

Health and Social Services > Public Assistance



Monica Windom
Director

Director's Office

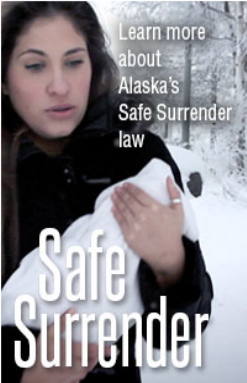
Our Mission

Proposed Regulations and Public Notices

Fraud Control

Online Manuals

Learn more about Alaska's Safe Surrender law



Safe Surrender

Headlines

News - The Public Assistance lobby located on the 4th floor of the Frontier Building (3601 C St.) in Anchorage is now closed to the public in order to transition that office into our Virtual Contact Center. There is a drop box located in the building in Suite 120 for those who would like to drop off paperwork. Those who need to contact an office in person should call or visit one of the following locations:

Gambell DPA Office
400 Gambell St
269-6599

Or

Muldoon Job Center
1251 Muldoon Road
269-0001





Warning - The U.S. Department of Health and Human Services (HHS) Office of Inspector General (OIG) recently confirmed that the HHS OIG Hotline telephone number is being used as part of a telephone spoofing scam targeting individuals throughout the country. [Learn more...](#)

Warning - A phone number that was once used for the Denali KidCare program is now being

For Employers

- > Tax Credits for Employers
- > Calendar of Job Fairs

For Customers

- > Contact Us!
- > Statewide Fee Agent List (pdf)
- > Medicaid Electronic Application Walkthrough (video)
- > Work for us! 
- > What's it like to work for Public Assistance? Watch our recruitment video and find out!
- > AK Job Centers Phone/Fax/TDD
- > Alaska Quest Card
- > Prescription Drug Resource List 
- > Printable Application for Public Assistance
- > Printable Application for Senior Benefits 
- > What changes should be reported
- > Program Descriptions
- > Program Manuals
- > 2017-2019 Alaska TANF State Plan 
- > The Government may owe you money!!
- > Consider Direct Deposit! Receive Public Assistance benefits easily and quickly through Direct Deposit.
- > Register to vote online! Or

Public Assistance

Home
Contact Us

Programs

- Adult Public Assistance
- Child Care
- Chronic and Acute Medical Assistance
- Denali KidCare
- Family Nutrition
- Food Stamps
- General Relief Assistance
- Heating Assistance
- Medicaid
- Senior Benefits
- Temporary Assistance

Get Help ...


- ...finding a job?
- ...with Child Support?
- ...with heating bills?
- ...with Food Assistance?
- ...for elderly or disabled?
- ...with cash assistance for families?
- ...with medical?
- ...with the WIC program?




Alaska's Adult Public Assistance

Alaska's Adult Public Assistance (APA) program provides cash assistance to needy aged, blind, and disabled Alaskans to help them remain independent. The APA program gives cash to Supplemental Security Income (SSI) recipients and others who have income and resources within APA income and resource limits. APA recipients are also eligible for Medicaid benefits.

Senior Benefits

 **State of Alaska**

myAlaska My Government Resident Business in Alaska Visiting Alaska State Employees

 **Alaska Department of Health and Social Services**
Division of Public Assistance

search

○ DHSS ● State of Alaska

Home Divisions and Agencies Services News Contact Us

Health and Social Services > Public Assistance > Senior Benefits

Senior Benefits

7/1/16 - [Senior Benefits Fact Sheet](#)

The Senior Benefits program is being funded at the same level as Fiscal Year 2016. Payment levels for the highest wage earning group will be increased from its current \$47 monthly amount to \$76 per month effective August 1st, 2016.

The Senior Benefits Program was established on August 1, 2007. It pays cash benefits to Alaskan seniors who are age 65 or older and have low to moderate income. Cash payments are \$76, \$175, or \$250 each month depending on income. The income limits for each payment level are tied to the Alaska Federal Poverty Guidelines and change each year as the poverty level changes.

TO BE ELIGIBLE YOU MUST:

Age :

- › Be age 65 or older

Alaska Residency:

- › Live in Alaska voluntarily
- › Not be in Alaska for a temporary purpose such as a vacation or business trip
- › Intend to make Alaska your home

Have a Social Security number

- › Have a Social Security Number or show that one has been applied for


Financial Need

- › Have countable income that does not exceed the income limits for Senior Benefits.
- › Resources, such as savings, do not count for Senior Benefits.

Payment Amounts

- › Eligibility and payment amounts are based on gross annual income.

[Click here for current income limits and payment amounts.](#)



Senior Benefits Fact Sheet - June, 2016 Reduction Information and Fact Sheet

Printable Senior Benefits Application (PDF)

Mail or fax your application to:

Senior Benefits Office
855 W. Commercial Drive,
Wasilla, AK 99654
Phone: 1-888-352-4150 or 352-4150;
Fax: 357-2561, toll-free 1-866-352-8539

Register to vote online! Or print out a registration form.

Consider Direct Deposit! Receive Public Assistance benefits easily and quickly through Direct Deposit.

Public Assistance

Home
Contact Us


Programs

Adult Public Assistance
Child Care
Chronic and Acute Medical Assistance
Denali KidCare
Family Nutrition
Food Stamps
General Relief Assistance
Heating Assistance
Medicaid
Senior Benefits
Temporary Assistance


Get Help ...

...finding a job?
...with Child Support?
...with heating bills?
...with Food Assistance?
...for elderly or disabled?
...with cash assistance for families?
...with medical?
...with the WIC program?

Supplemental Nutrition Assistance Program (SNAP)

 **State of Alaska**

[myAlaska](#) [My Government](#) [Resident](#) [Business in Alaska](#) [Visiting Alaska](#) [State Employees](#)

 **Alaska Department of Health and Social Services**
Division of Public Assistance

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[Home](#) [Divisions and Agencies](#) [Services](#) [News](#) [Contact Us](#)

[Health and Social Services](#) > [Public Assistance](#) > [Food Stamps](#)

Contact Information for Local Offices

For more information contact

E-mail
DPA Policy Staff

Phone:
(907) 465-3347

Fax:
(907) 465-5254

Address:
PO Box 110640
Juneau, AK 99811-0640

Other links

- > Federal Food and Nutrition Service Site
- > Federal Food Stamp Program Site

Frequently Asked Questions

- > What are the income limits?
- > What are the benefit levels?
- > What items can be purchased with food stamps?

Office Locations

Food Stamp Benefits


The Alaska Food Stamp Program provides food benefits to low-income households. The federal government funds 100% of the Food Stamp benefit. The State pays half the costs of operating the Food Stamp Program in Alaska.

The Division of Public Assistance issues Food Stamp benefits via the Alaska Quest card. The amount a household receives each month depends on the household's countable income and size of the household. Eligible households use the Food Stamp benefits to buy food products from authorized stores statewide.

Eligible applicants must pass income and assets tests. The gross monthly income test is based on 130% of the current Alaska poverty standard.

Alaska has special rules that allow for higher Food Stamp benefits in rural areas, and the use of benefits to purchase certain hunting and fishing subsistence supplies.

Learn more about Food Stamps:




[Food Stamp Calculator - Find out if you're eligible for Food Stamp Benefits.](#)

[Alaska Quest Card - Check Account](#)

Download Food Stamp Application

[Food Stamp information in other languages](#)

 [Food Stamp Program Brochure - Make America Stronger!](#)

Public Assistance


[Home](#)
[Contact Us](#)

Programs


- [Adult Public Assistance](#)
- [Child Care](#)
- [Chronic and Acute Medical Assistance](#)
- [Denali KidCare](#)
- [Family Nutrition](#)
- [Food Stamps](#)
- [General Relief Assistance](#)
- [Heating Assistance](#)
- [Medicaid](#)
- [Senior Benefits](#)
- [Temporary Assistance](#)

Get Help ...


- ...finding a job?
- ...with Child Support?
- ...with heating bills?
- ...with Food Assistance?
- ...for elderly or disabled?
- ...with cash assistance for families?
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- ...with the WIC program?



Heating Assistance

 **State of Alaska**

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 Alaska Department of Health and Social Services
Division of Public Assistance

search

● DHSS ● State of Alaska

[Home](#) [Divisions and Agencies](#) [Services](#) [News](#) [Contact Us](#)

[Health and Social Services](#) > [Public Assistance](#) > [Heating Assistance Program](#)

Table of Contents

- > [Home](#)
- > [Approved Vendors](#)
- > [Resources](#)
 - > [Client](#)
 - > [Vendor](#)
 - > [Fee Agent](#)
 - > [General](#)
- > [FAQ](#)
- > [Fraud](#)
- > [News](#)

Contact Information:
Email HAP Staff at:
liheap@alaska.gov
Phone: 1-800-470-3058
(907) 465-3058 (Juneau)

Fax: (907) 465-3319
Toll Free Fax: 1-888-282-3319

Address
10002 Glacier Highway, Ste 200
Juneau, AK 99801-8569

Benefit Information Hotline:
1-888-804-6330
(Outside Anchorage)

(907) 269-5777 (In Anchorage)

FY 2017 Income Guidelines

# of People in Home	Monthly Gross Income
1	\$1,855
2	\$2,502
3	\$3,150

Heating Assistance Program (HAP)


Request for Public Comments on the FY 2018 Low Income Home Energy Assistance Program Block Grant Application

The State of Alaska, Department of Health and Social Services invites the public to comment on the state plan for the proposed use of the 2017-2018 federal Low-Income Home Energy Assistance Program (LIHEAP) block grant funds. A link to a copy of the block grant application is attached at the bottom of this notice.

This proposed plan describes the procedures used by the Heating Assistance Program. The plan includes the proposed allocation of funds for heating and weatherization assistance, a description of the method for determining eligibility and the amount of the heating assistance benefit, and the proposed benefit rate for the 2017-2018 Program.

Any interested person may send in comments on the proposed LIHEAP plan to the Heating Assistance Program, Attn: Susan Marshall, P.O. Box 110640, Juneau, Alaska 99811-0640; fax (907) 465-5154, or email LIHEAP@alaska.gov. Written comments must be received no later than 4:30 p.m. on Friday, August 18, 2017.

If you need a special accommodation in order to comment on the proposed LIHEAP plan, please contact Susan Marshall at (907) 465-3059 by August 14, 2017 to make necessary arrangements.

 [Draft FY 2018 LIHEAP Plan for Public Comments](#)

Public Assistance


- [Home](#)
- [Contact Us](#)
- Programs**
 - [Adult Public Assistance](#)
 - [Child Care](#)
 - [Chronic and Acute Medical Assistance](#)
 - [Denali KidCare](#)
 - [Family Nutrition](#)
 - [Food Stamps](#)
 - [General Relief Assistance](#)
 - [Heating Assistance](#)
 - [Medicaid](#)
 - [Senior Benefits](#)
 - [Temporary Assistance](#)

Get Help ...


- ...finding a job?
- ...with Child Support?
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The Heating Assistance Program (HAP) is designed to promote the general welfare and safeguard the health and well-being of Alaska's population by offsetting the cost of home heating for eligible Alaskan residents.


How To Complete Your State of Alaska Heating Assistance Application

 **How To Complete Your State of Alaska Heating Assistance Application**
from Alaska DHSS

Temporary Assistance (ATAP)

 **State of Alaska**

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 **Alaska Department of Health and Social Services**
Division of Public Assistance

search

DHSS State of Alaska


Home Divisions and Agencies Services News Contact Us

Health and Social Services > Public Assistance > Alaska Temporary Assistance

Additional Information

- > State of Alaska TANF Report on Engagement in Additional Activities – April – June 2011
- > State of Alaska TANF Report on Engagement in Additional Activities – March 2011

TANF State Plan

- >  2017-2019 Alaska TANF State Plan (1/2017)

UAA ICHS Studies of ATAP/TANF Recipients:

- > Reaching for Independence
- > Facing the Final Countdown
- > Evaluating the Challenges – ATAP
- > Evaluating the Challenges – Tribal TANF

Contact Information for Local Offices

For more information contact

E-mail
DPA Policy Staff

Phone:
(907) 465-3347

Fax:
(907) 465-5254

Address:
PO Box 110640
Juneau, AK 99811-0640


Other links

Alaska Temporary Assistance Program (ATAP)

The Alaska Temporary Assistance Program (ATAP) provides cash assistance and work services to low-income families with children to help them with basic needs while they work toward becoming self-sufficient. This program is provided under the federal Temporary Assistance for Needy Families (TANF) block grant.

ATAP changed the traditional focus of the state's public assistance program for needy families to an employment-focused program from an entitlement under the Aid to Families with Dependent Children (AFDC) program. Temporary Assistance stresses family self-sufficiency through employment.

Learn more about Temporary Assistance:

**Download Temporary Assistance Application**

Alaska Quest Card - Check Account

[Report: Evaluating the Challenges to Self-sufficiency Faced by TANF Clients in Alaska](#)

Public Assistance


Home
Contact Us

Programs

- Adult Public Assistance
- Child Care
- Chronic and Acute Medical Assistance
- Denali KidCare
- Family Nutrition
- Food Stamps
- General Relief Assistance
- Heating Assistance
- Medicaid
- Senior Benefits
- Temporary Assistance

Get Help ...

- ...finding a job?
- ...with Child Support?
- ...with heating bills?
- ...with Food Assistance?
- ...for elderly or disabled?
- ...with cash assistance for families?
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- ...with the WIC program?



"Getting by" - Alaska Temporary Assistance for Needy Families
from AlaskaDHSS

01:44 HD

Alaska Temporary Assistance Program:

- > Imposes a 60-month lifetime limit on assistance

Medicaid


Medicaid began as a program to pay for health care for people in need who were unable to work. It covered the aged, the blind, the disabled, and single-parent families. Over the years, Medicaid has expanded to cover more people. For instance, children and pregnant women may qualify under higher income limits and without asset limits. Families with unemployed parents may qualify, and families who lose regular Family Medicaid because a parent returns to work may continue to be covered for up to one year.



There have also been changes in the eligibility rules for people who need the level of care provided in an institution, such as a nursing home. Now, most Alaskans who need — but cannot afford — this expensive care may qualify for Medicaid. In addition, recent changes within the Alaska Medicaid program give some people who need an institutional level of care the opportunity to stay at home to receive that care.

To apply for Medicaid services please contact the [Division of Public Assistance](#). Applications, office locations, and useful information can be found on their web site.

Useful Links:

- › [Local offices for getting help with Medicaid](#)
- ›  [Eligibility Requirements: Current Medical Assistance Income Standards](#)
- › [Denali KidCare - Health insurance for low-income pregnant women and children/teens](#)
- › [Help and Resources Beyond Medicaid](#)
- › [Medicaid State Plan](#)

Early and Periodic Screening,
Diagnosis, and Treatment
(EPSDT)
Health Insurance Premium
Payment (HIPP) Program
Health Care Facilities Licensing
and Certification
Medicaid
Medicare Part "D"
Preferred Drug List
Transportation

Useful Links

[Alaska Medicaid Recipient Handbook](#)
[Direct Secure Messaging](#)
[Directory of Alaska's Health Care Sites](#)
[Fair Hearings](#)
[Health Facilities Certification](#)
[Help Beyond Medicaid](#)
[HIPAA Information](#)
[Medicaid State Plan](#)
[Medical Care Advisory Committee](#)
[Orthodontia Guidelines](#)
[Payment Error Rate Measurement \(PERM\)](#)
[Physician Supply Taskforce Report](#)
[Provider Information](#)
[Publications/Reports](#)
[Prior Authorization](#)
[Rate Review](#)
[Recipient Help Line](#)
[Resources](#)
[Tribal Health](#)
[More Links](#)

Social Security

How do I?

Permanent Fund Dividend Division

MY GOVERNMENT

My Government

Commissioners

Administration

Commerce, Community & Economic Development

Corrections

Court System

Education & Early Development

Environmental Conservation

Fish and Game

Office of the Governor

Health and Social Services

Labor & Workforce Development

Law

Military & Veterans Affairs

Natural Resources

Public Safety

Revenue

State Legislature

Transportation & Public Facilities



Alaska Department of Administration

Commissioner Sheldon Fisher
Main line: 907-465-2200

Top Links:

[Office of Information Technology](#)
[Motor Vehicles](#)
[Retirement and Benefits](#)
[Personnel and Labor Relations](#)
[Public Offices Commission](#)
[General Services](#)
[Shared Services of Alaska](#)

How do I?

[Check State email on the web?](#)
[Renew my driver's License?](#)
[Find the State Calendar?](#)
[Find my State employee paystub?](#)
[Find information on my retirement account?](#)
[Find HR Forms?](#)

[Administration homepage](#) »

PUBLIC NOTICES

AUG 01 Public Meetings and Comment on Klutina Lake Road and Gulkana Proposed Settlement
Statewide

AUG 02 Fairbanks Metropolitan Area Transportation System (FMATS) Technical Committee Me...
Fairbanks

AUG 02 RFP No. 25-17-1-075, Richardson Hwy MP 206-235 Reconstruction: Survey
Interior Region

AUG 03 Request for Statement of Qualifications (SOQ) # VSW-MOU-2017-36, City of Mountai...
Statewide

AUG 03 Invitation to Bid (ITB) # VSW-MOU-2017-45, Insulated Pipe and Fittings
Statewide

AUG 03 Request for Statement of Qualifications (SOQ) # VSW-MOU-2017-36, City of Mountai...
Statewide

[more public notices](#) »

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[continue to social media page](#) »

KIDS CORNER



Social Security

State of Alaska

myAlaska My Government Resident Business in Alaska Visiting Alaska State Employees

Alaska Department of Administration

Administration State of Alaska

Home Divisions Commissioner's Corner News and Events Resources Contact Us

External Service Providers

- Motor Vehicles
- Office of Public Advocacy
- Public Defender Agency
- Retirement and Benefits

Internal Service Providers

- Administrative Services
- Office of Information Technology
- Finance
- General Services
- Personnel and Labor Relations
- Risk Management

Shared Services of Alaska

- Agencies, Boards, and Commissions
- Alaska Oil and Gas Conservation Commission
- Alaska Public Broadcasting Commission
- Alaska Public Offices Commission
- Office of Administrative Hearings
- Violent Crimes Compensation Board

Administration

tralized administrative services to labor relations, leasing of space, risk management, procurement, and telecommunication systems, ned buildings in Juneau,

indigent defense and children's and the Office of Public Advocacy, and vehicle registration and driver licensing through the Division of Motor Vehicles, as well as a host of other services. The department has administrative responsibilities for the Alaska Public Offices Commission, Alaska Public Broadcasting, the Alaska Oil and Gas Conservation Commission and the Office of Administrative Hearings.

[Visit the Divisions](#)

[Sheldon Fisher, Commissioner](#)

ALASKA CHECKBOOK ONLINE

CARELINE 877-266-4357 AK SUICIDE PREVENTION + HELP LINE

State Office Closures

[Office Closure Information and Links](#)


[Office Closure Policy and Procedures \(pdf\)](#)

For recorded alerts:
Toll-Free 877-326-5551
In Juneau 465-5551


Popular Services

- [Alaska Checkbook Online](#)
- [ALDER Information](#)
- [ADA Compliance Program](#)
- [AlaskaCare](#)
- [DMV \(Division of Motor Vehicles\)](#)
- [IRIS Portal](#)

Social Security

 **State of Alaska**

myAlaska My Government Resident Business in Alaska Visiting Alaska State Employees

 Alaska Department of Administration


Retirement and Benefits

search


☐ Retirement & Benefits ☒ State of Alaska


DRB Home Retirement Benefits Employer Services AlaskaCare Easy Navigation


Headlines Legislation Programs Resources Counselors Help





Administration > Division of Retirement and Benefits


 **Make an APPOINTMENT**


 **EMPOWER**
Account Info Online


 **myRnB**


 **Seminars**

 **ALASKACARE**

 **Forms & Brochures**

 **Headlines**


 **RIN** Get My RIN


 **ADA Accessibility**

Welcome to Retirement and Benefits

• ATTENTION! •

Changes to the 2017 AlaskaCare Employee Health Plan could affect you financially. Click here to learn more about these changes effective January 1, 2017.



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[Ajay Desai, Division Director](#)
[Kathy Lea, Deputy Director](#)
[Michele Michaud, Deputy Director](#)
[Emily Ricci, Chief Health Policy Admin](#)
[Kevin Worley, Chief Finance Officer](#)

Changes

[Address Changes](#)
[Apply for Retirement](#)
[Insurance Enrollment](#)
[Rollovers](#)
[Report a Death](#)

Education

[AK Retirement Management Board](#)
[Glossary](#)
[Video Tutorials](#)

General

[All Programs at a Glance](#)
[Contact Us](#)
[Mission Statement](#)
[Give Feedback](#)

Requests

Resources & Information for...

[Employees...](#)
[Retiring...](#)
[Retirees...](#)
[Disabled...](#)
[Survivors](#)

Social Security

State of Alaska myAlaska My Government Resident Business in Alaska Visiting Alaska State Employees

Alaska Department of Administration
Retirement and Benefits

Retirement & Benefits State of Alaska

DRB Home Retirement Benefits Employer Services AlaskaCare Easy Navigation

Headlines eReporting Resources Political Subdivisions Training DCR Plan Info

Administration > Division of Retirement and Benefits > Employer Services > Resources

Employer Services Resources Index

- [49% Contract](#)
- [Employer Contribution Rates](#)
- [Employer Forms](#)
- [Employer Manuals, PERS and TRS](#)
- [Governmental Accounting Standards Board \(GASB\) Information](#)
- [Guide to Conversion](#)
- [IRS Links](#)
- [Newsletters](#)
- [PERS Leave of Absence](#)
- [PERS Payroll Reporting Requirements](#)
- [PERS Termination Studies Information](#)
- [Plan Publications](#)
- [Plan Qualification filing](#)
- [SSA Links](#)

Get News & Updates

Email Address **Sign Up**

Changes

- [Address Changes](#)
- [Apply for Retirement](#)
- [Insurance Enrollment](#)
- [Rollovers](#)
- [Report a Death](#)

Education

- [AK Retirement Management Board](#)
- [Glossary](#)
- [Video Tutorials](#)

General

- [All Programs at a Glance](#)
- [Contact Us](#)
- [Mission Statement](#)
- [Give Feedback](#)

Requests

- [Alternative Format Request](#)
- [Customer Service Request Status](#)
- [Refund Requests](#)

Resources

- [Benefit Mailing Dates](#)
- [Booklets](#)
- [CAFRs](#)
- [Valuations](#)

Tools

- [Net Pay Estimator](#)
- [Retiree Net Pay Estimator](#)
- [Retirement Links](#)

Make an APPOINTMENT

EMPOWER Account Info Online

myRnB

Seminars

ALASKACARE


Forms & Brochures

Headlines


RIN Get My RIN

ADA Accessibility

Social Security

 **State of Alaska**

myAlaska My Government Resident Business in Alaska Visiting Alaska State Employees

 Alaska Department of Administration

Retirement and Benefits


search


☐ Retirement & Benefits ☐ State of Alaska


DRB Home Retirement Benefits Employer Services AlaskaCare Easy Navigation


Headlines eReporting Resources Political Subdivisions Training DCR Plan Info


Administration > Division of Retirement and Benefits > Employer Services > Resources > SSA Links


 **Make an APPOINTMENT**


 **EMPOWER**
Account Info Online


 **myRnB**


 **Seminars**


 **ALASKACARE**

 **Forms & Brochures**

 **Headlines**

 **RIN** Get My RIN

 **ADA Accessibility**



Social Security Administration Links

Disclaimer

The following provided information is specific to federal guidelines and is provided here as a convenience to our users. If at any time a discrepancy exists between the federal guidelines and State of Alaska retirement system law, Alaska law prevails.

SSA Links

- [SSA Web site](#)
- [Get or replace a Social Security Card](#)
- [Apply online for retirement benefits](#)
- [Apply online for Medicare](#)
- [Estimate your retirement benefits](#)
- [Get a form](#)
- [Get a publication](#)
- [Government Pension Offset \(GPO\)](#)
- [Windfall Elimination Provision \(WEP\)](#)
- [Benefits affected by GPO and WEP FAQs](#)
- [Social Security Number Verification Service Handbook](#)

SSA Contact

- [Patricia Lightholder](#)

Get News & Updates

Sign Up

Changes

- [Address Changes](#)
- [Apply for Retirement](#)
- [Insurance Enrollment](#)
- [Rollovers](#)
- [Report a Death](#)

Education

- [AK Retirement Management Board](#)
- [Glossary](#)
- [Video Tutorials](#)

General

- [All Programs at a Glance](#)
- [Contact Us](#)
- [Mission Statement](#)
- [Give Feedback](#)

Requests

- [Alternative Format Request](#)
- [Customer Service Request Status](#)
- [Refund Requests](#)

Resources

- [Benefit Mailing Dates](#)
- [Booklets](#)
- [CAFRs](#)
- [Valuations](#)

Tools

- [Net Pay Estimator](#)
- [Retiree Net Pay Estimator](#)
- [Retirement Links](#)

Senior Housing – alaska211.org



Friday, August 04, 2017

[Home](#) [Search for Services](#) [Contact Us](#)

[Home](#)

[Help Starts Here](#)

[Disaster Services](#)

[Service Provider Tools](#)

[News](#)

[Community Links](#)

[Contact Us](#)

Browse Service Category

This search is restricted to community resources serving 99820. Service providers will display by distance.

[Start Over](#) [Search Hints](#)

This allows you to scroll through different Category Topics. Sometimes it is difficult to know what Keyword is best to use during a search. This method helps the user become familiar with the terminology used in the Alaska 2-1-1 database. Click on a category to see additional subcategories.

Remember that this system has three tiers to each category. If you do not see what you are looking for, simply try another category. Remember, there are always several ways to find each service, program or agency.

IF YOU ARE HAVING DIFFICULTY FINDING A SERVICE, DO NOT HESITATE TO CALL 2-1-1.

Find the help you need > [Housing/Utilities](#)

Browse Service Category

(Click to choose a new category.)

- AK Insurance Marketplace
- Arts, Culture and Recreation
- Clothing/Personal/Household Needs
- Disaster Services
- Education
- Employment
- Food/Meals
- Health Care
- Housing/Utilities**
- Income Support/Assistance/Tax
- Individual, Family and Community Support
- Information Services
- Legal, Consumer and Public Safety

Housing/Utilities

(Click the + to see services.)

- + Housing/Shelter
- + Landlord/Tenant Assistance
- + Mortgage Delinquency and Default Counseling
- + Utilities

Alaska Housing Finance Corporation



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[Find Housing](#)

[Save Energy](#)

[For Partners](#)

[NEWSROOM](#)

[ABOUT US](#)

[CLASSES](#)

[LIBRARY](#)

[CONTACT US](#)

Site Search



Time to Renovate?

[We have loan options to get you started](#)



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[Find Housing](#)

[Save Energy](#)

[Newsroom](#)

Save energy in Alaska.

Heating is expensive for everyone, we can help. [Save energy, save money!](#)

[Learn more »](#)



Lender of the Week

[Richard Mantyla](#)

Residential Mortgage, LLC
Anchorage, Alaska

Richard is an experienced and knowledgeable mortgage planning specialist, who has worked as a mortgage



Senior Housing Office

The Senior Housing Office exists to help Alaska's senior citizens obtain adequate,



Workshops & Classes

[08/05/17 - Anchorage HomeChoice](#)

[08/07/17 - Career Exploration and Success...](#)

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[Buy a Home](#)

[Find Housing](#)

[Save Energy](#)

[For Partners](#)

[NEWSROOM](#)

[ABOUT US](#)

[CLASSES](#)

[LIBRARY](#)

[CONTACT US](#)

Site Search



Senior Support

[Assisted Living](#)

[Independent Living](#)

[Senior Resources](#)



Senior Support

AHFC is focused on ensuring Alaska's seniors have access to affordable and accessible homes and supportive services. We work with Alaska's Commission on Aging to offer research, information and solutions to provide the best housing options and support for aging Alaskans across the state.

Housing Solutions for Alaska's Seniors

AHFC SENIOR HOUSING CONTACT

For questions regarding senior housing options, please contact AHFC's Senior Housing Office.

Jim B. McCall

Officer - Housing Relations

Email: jmccall@ahfc.us

907-330-8436 or

800-478-2432 (toll-free outside Anchorage, but within Alaska)

Alaska Housing Finance Corporation

4300 Boniface Parkway

P.O. Box 101020

Anchorage, AK 99510-1020

Finding Services for Seniors On-line, Age 60+

The Alaska Commission on Aging

Questions, Comments?

Thank You!